

# PBD'S 25 Rules For Young Men



Take away guide from:

## How To Raise Strong Kids In A Weak World

- 1 Know the difference between love and lust.
- 2 It's OK to go to movies by yourself.
- 3 Hygiene is more important than you think.
- 4 Never date a friend's ex.
- 5 Stay informed on what's going on. Don't be a sheep.
- 6 Have a sense of humor but don't joke about dreams and goals.
- 7 Study the type of people who upset you and why.
- 8 Stand up to bullies. You'll only have to do it once.
- 9 Don't bully people weaker than you.
- 10 Learn how to tell stories.
- 11 Don't lean on porn to be better in bed. Read the right books.
- 12 You never marry a girl. You marry her entire family.
- 13 Don't complain — you seem helpless. 80/20.
- 14 Be impressed by the right things. Things that matter.
- 15 When coming across a successful person, talk and impress less. Ask more.
- 16 Have a memorable style.
- 17 Don't feel guilty for being ambitious.
- 18 Be mentally and emotionally ready to lose loved ones.
- 19 Always have some cash, condoms, and a power bank.
- 20 Be aware of your level of sensitivity.
- 21 Regardless of what you get paid per hour, give your best. Effort + Attitude matters.
- 22 Always beat your prior best in everything you do.
- 23 Acting 'as if' all the time will eventually require you to become who you're acting like.
- 24 Work for a great leader to shadow and duplicate. The right leader matters.
- 25 Don't have too many rules. It'll overwhelm you.